

CLINICAL DECISION-MAKING GIARDIA

Pet signalment, history (clinical, treatment), test results, risk, and pet-owner specific factors will inform individual case treatment decisions. Consideration should be given to appropriate antimicrobial use/stewardship and One Health.

FECAL TESTING

The KeyScreen® GI Parasite PCR panel detects 20 GI parasites and markers for zoonotic potential Giardia and hookworm treatment resistance. It can be used for routine monitoring/screening and for patients with clinical signs, e.g., diarrhea.

Routine endoparasite monitoring (wellness/ screening):

- The Companion Animal Parasite Council (CAPC) recommends fecal testing 4 times/year in the first year of life and twice/year for adult pets.
- The Canadian Parasitology Expert Panel (CPEP) recommends fecal testing twice/year in the first six months of life, and 1 to 2 times/year for dogs over 6 months. Risk factors (Box #4) may impact (increase) advised testing frequency.

Retesting for Giardia:

- At 24 to 48 hours, after completion of appropriate treatment of Giardia (Box 2), fecal testing by centrifugal flotation (O&P) can be used to evaluate for persistent shedding of Giardia cysts.
- Note, PCR is highly sensitive, some pets may continue to detect positive during this timeframe.

2 MANAGEMENT/TREATMENT

Treatment goal:

Improvement of clinical signs (diarrhea)

Pharmaceutical treatment:

Drug and other treatment recommendations: capcvet.org/guidelines/giardia

Non-pharmaceutical treatment:

- Supportive care
- Dietary management (higher-fiber, probiotics)
- Bathing of patient to remove infectious cysts from hair coat, perineum
- Picking up feces immediately to reduce environmental contamination
- Cleaning of environment
- Disinfection if possible/practical

3 PERSISTENT GIARDIA

Pets may have persistent clinical signs or infection (despite appropriate treatment) due to:

- An alternate underlying disease as a cause of (or contributor to) clinical signs, e.g., chronic enteropathy or neoplasia
- Co-infection with another pathogen Environmental re-infection
- Compliance concerns, e.g., medication, dosing,
- duration
- Immunosuppression Drug resistance
- To help rule out environmental re-infection, re-testing (centrifugal fecal flotation, O&P) at 24-48 hours posttreatment (Box 1) can be considered.

Repeating treatment for patients with clinical signs and persistent cysts detected can be considered.

ZOONOTIC POTENTIAL

Management is guided by individual pet risk factors, including contact with or exposure to:

RISK ASSESSMENT

- Young children, the elderly, immunocompromised,
- or pregnant individuals Other household pets
- · Highly contaminated environments, e.g., kennels,
- dog parks etc. · Environments shared with wildlife

Additional risk assessment resources at CPEP: research-groups.usask.ca/cpep

Zoonotic potential Giardia:

- If zoonotic potential Giardia (A or B assemblage) is detected, pet-owners should be informed of potential zoonotic risks.
- If the A or B assemblage is not detected, petowners can be assured that zoonotic risk is low.

Antech Consultation Services (1-800-872-1001, option 2) are available for case support and conversation.